

IT'S COLDER THAN IT LOOKS

Do you know someone
struggling to stay warm
at home?

Our **award winning**
Stay Safe and Warm
scheme can help.



It is a completely
FREE service for
everyone in
Cleveland.



SCAN ME



Call FREE - 24 hours a day 7 days a week

03067 990038

www.clevelandfire.gov.uk/ssaw

*Following a free home assessment. You must live in Cleveland.



Hartlepool
Borough Council



Middlesbrough
moving forward



Stockton-on-Tees
BOROUGH COUNCIL

To stay warmer this winter follow some of the advice below:



Move furniture away from radiators so heat can circulate



Close curtains in the evening to keep heat in



Use heating controls to help manage room temperatures



Turning the room thermostat down by 1°C can save 10% off your bill



Set room heat between 18°C and 21°C (64°F and 70°F)



A room stays warm for 45 minutes after you switch off the heating



Setting your hot water tank thermostat to 60°C (140°F)



Draught proof windows and doors with brush or PVC seals



Fit a brush or spring flap to letterboxes and cover keyholes

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