## Do you know someone who is <u>STRUGGLING</u> to <u>STAY WARM</u> in their

## home?

SCAN ME

Our award winning Stay Safe and Warm scheme can help - it is a completely FREE service for Cleveland residents.\*

ELAND

BRIGADE

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www.clevelandfire.gov.uk/ssaw

 $\star \mbox{Following}$  a free home assessment. You must live in Cleveland.

**Stay Safe** 

& Warm!

\* \* \* EST 2008 \* \*









## To stay warmer this winter follow some of the advice below:



- Move furniture away from radiators to allow heat to circulate
- Curtains should be thick or lined and closed at dusk to keep heat in
- Use heating controls to help manage room temperatures and times
- Turning the room thermostat down by 1°C can save 10% off your bill
- Room temperatures should be set between 18°C and 21°C (64°F and 70°F)
- Remember a room stays warm for 45 minutes after you switch off the heating
- Setting your hot water tank thermostat to 60°C (140°F)
- Place aluminium foil behind the radiators to reflect heat back into the room
- Draught proof windows and exterior doors with brush or PVC seals
- Fit a brush or spring flap to letterboxes and cover keyholes

## 01429874063







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