

VOLUNTEERING AND THE NEW YEAR



Gain additional skills, support your local community and work alongside the Fire Brigade, making a real difference to the safety and security of your neighbours, friends and family.

Cleveland Fire Support Network is a local Charity, offering a wide range of volunteering roles, from fitting smoke detectors to delivering chip pan displays at a range of events, such as: school fetes, the Cleveland Show, the Fire Engine Rally and many more.

VOLUNTEERING GIVES YOU:

- Transferrable skills
- Health and wellbeing
- Confidence building
- Reduced stress levels
- Reduced isolation
- Social inclusion
- Self-worthiness and self-esteem

You can start volunteering from 16 years and there is no upper age limit.

EVERYONE IS WELCOME!

Be part of something amazing, call or visit our website for more information

 01642 288009

 www.clevelandfiresupportnetwork.org

